

Monroe County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- According to the 2010 Monroe County Data Warehouse the teen pregnancy rate is 19.8% which is double the Iowa rate of 8.9% in 2008. In addition Monroe County rate tripled from 2007 to 2008.
- According to the 2010 Monroe County Health Snapshot the overweight/obesity rate in 2008 was 68% vs. state rate of 63%.

Prevent Injuries

Problems/Needs:

None identified

Protect Against Environmental Hazards

Problems/Needs:

None identified

Prevent Epidemics and the Spread of Disease

Problems/Needs:

None identified

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

Strengthen the Public Health Infrastructure

Problems/Needs:

- Lack of access to health care, both physical and mental. Limited mental health providers in county. Monroe County has four practicing physician for a population of 7800 residents.

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Reduce teen pregnancy rate from 2008 data by at least 5 % prior to next CHNA-HIP	Distribute information regarding pregnancy prevention at the free women and men's health clinics with tear off information at bar bathrooms, public bulletin boards, restaurants.	CHNA-HIP Coalition members	2/14/12
	Explore with coalition members strategies of using Facebook to promote responsible sexual behavior.	CHNA-HIP Coalition members	2/14/2012
	Explore with coalition members strategies of utilizing teen moms talking with their peers regarding being a teen parent.	CHNA-HIP Coalition members	2/14/2012
	The schools will have implemented an evidence based sex education curriculum that is in compliance with the Iowa Department of Education standards.	Monroe County School system	2/1/2015
	Increase participation rates in family planning	Women's Health Care Clinic	2/14/2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Increase access to mental health services and medical services by increasing provider availability of physicians/counselors.	Westover Center becoming a site to bring in psychology interns & residents.	Westover Center and Monroe County Hospital Clinic	2/1/16
	Collaboration with local organizations to provide services similar to employee assistance program	Westover Center and Monroe County Ministerial Assoc.	2/1/2016
	Exploration with health care providers on methods to reduce wait times for appointments.	CHNA-HIP coalition members	2/1/2016
	Implement sliding fee scale in local medical clinic for self-pay patients	Administration at Monroe County Hospital Clinic	2/1/2012
	Financial Assistance available to those insured who have difficulty paying co-pays, deductibles.	Monroe County Hospital and Clinic Administration	2/1/2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Reduce the obesity rate in Monroe County by 5% by 2016.	Create brochures to inform of opportunities available for healthy living, fitness, exercise, life style change, etc. and will be distributed to the public	CHNA-HIP coalition	2/14/12